



## MUGWORT HERB

**Botanical Name:** *Artemisia vulgaris*

**Common Name:** Common mugwort

**Medicinal part:** Leaf

**Description:** Mugwort is a common name for several species of aromatic plants in the genus *Artemisia*. In Europe, mugwort most often refers to the species *Artemisia vulgaris*, or common mugwort. While other species are sometimes referred to by more specific common names, they may be called simply "mugwort" in many contexts. For example, one species, *Artemisia argyi*, is often called "mugwort" in the context of Traditional Chinese Medicine but may be also referred to by the more specific name "Chinese mugwort". *Artemisia princeps* is the Japanese mugwort, also known as yomogi.



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